



Metro Middle School

Track & Field Meets

What: Middle School Track & Field Meets

Who: Open to Boy's & Girl's middle school student-athletes
(7th & 8th Graders Only)

When: Friday, March 20 4:30pm @ Eastlake HS
Saturday, April 25 9:00am @ Eastlake HS
Saturday, May 9 2:30pm @ Eastlake HS

How to participate: Track & Field meets are open to any cleared athlete. Show up at least 45 minutes before the scheduled start time to register for events. Athletes can participate in multiple events.

List of Events: 100m, 200m, 400m, 800m, 1,600m
4x100 relay and long jump

Meet day order of events: 400 meters Long Jump will run
100 meters throughout the meet
800 meters
200 meters
1600 meters
4x100m relay

Questions: metromsathletics@gmail.com