

Food Distribution



South Bay Food Pantry

970 Broadway Ste 101
Chula Vista, CA 91911
Saturdays: 11-12:30pm

Community Through Hope, Eucalyptus Park

465 C Street Chula Vista, CA 91910
Wednesdays: 9-11am, Walking only
Thursdays: 8am-2pm, Drive-thru only

Most Precious Blood Church

1254 4th Avenue Chula Vista, CA 91911
(619) 420-7096
Wednesday, and Thursday: 11:30am-3pm

Shadow Mountain Community Church

960 5th Avenue San Diego, CA 91911
(619) 915-7256
3rd Thursday of each month: 10-12pm

South Bay Community Services

Castle Park Middle School,
160 Quintard Street, Chula Vista, CA 91911
619-420-3620
Every Fourth Tuesday, 4 – 6 p.m.

South Bay United Pentecostal

395 D Street Chula Vista, CA 91910
(619) 585-0600
1st Friday of the month: 9am-until supplies last

St. Rose of Lima

278 Alvarado Street Chula Vista, CA 91910
(619) 427-7637
Monday, Wednesday, and Friday: 9:30am-4:30pm

It's All About the Kids

6090 Banbury St, San Diego, CA 92139
Thursdays: 2-4pm
Sign up online: www.bitly.com/signupiaatk

Mama's Kitchen Home Delivery

Referral required- diagnosed with critical illness
(619) 233-6262
www.mamaskitchen.org/gethelp.meals

CalFRESH + EBT: 1-877-847-3663

WIC (Women, Infants, and Children)

1-800-852-5770
www.cdph.ca.gov/Programs/CFH/DWICSN

CalFresh Restaurant Meals

Age 60+, Disabled, or Homeless
www.sandiegocounty.gov/content/sdc.hhsa/programs/ssp/restaurant_meals_program/

COVID Vaccine Appointments



Call 2-1-1. If line is busy, try calling during different times of the day
<https://www.sandiego.gov/covid-19-vaccination>

Housing & Shelter



Temporary Lodging

(858) 715-2350
Your medical provider needs to call
If you don't have a provider, call 2-1-1

Father Joe's Village

(619) 230-7390
my.neighbor.org/get-help/
Emergency Assistance, Shelter & Housing, Medical Services

Operation Shelter-to-Home

(619) 810-8600

Rental Assistance: County of San Diego

Call 2-1-1 and ask for COVID-19 rental assistance

Transportation



On the Go | JFSSD by Jewish Family Services

Free rides for adults 65+ to COVID-19 related appointments (testing & vaccines)
Request a Ride: (858) 637-7320

MTS Transportation

Free rides for Vaccine Appointments
Eligibility: Proof of vaccination appointment

Employment Rights



Legal Aid Resources for Undocumented Workers

<https://legalaidatwork.org/factsheet/undocumented-workers-employment-rights>

Resources and facts for undocumented workers

CA Labor & Workforce Development Agency Web

Labor.ca.gov/coronavirus2019

Programs for workers impacted by COVID-19

Employment and Development Dept.

<https://edd.ca.gov/unemployment/>

register for unemployment insurance online

Discount Programs



CA Lifeline

www.californialifeline.com

Discount home and cell phone services

Everyone On

www.everyoneon.org/find-offers

Low-cost internet and computer offers

SDG&E

www.sdge.com/coronavirus

Discounts on home energy

Child Care



San Diego for Every Child

www.sandiegoforeverychild.org/covid19

Open CA Childcare Facilities

Mychildcare.ca.gov

Diapers

San Diego Food Bank Diaper Bank

<https://sandiegofoodbank.org/programs/diaper-bank-program>

Health Services



Family Health Centers of SD

(619) 515-2300

Fhcsd.org

No insurance needed

Mental Health



Mental Health Services - Chula Vista

248 Landis Ave Chula Vista, CA 91910

(619) 515-2338

<https://www.fhcsd.org/chula-vista-fcc/>

San Ysidro Health Centers

(619) 662-4100

www.syhc.org/services/behavioral-health/crisis-intervention

For more resources, scan here:



Or Call:

